

# 3D FITNESS

Eau Claire  
405 Graham Ave.  
715- 514- 3110

Chippewa Falls  
15 W Grand Ave  
715- 723-3800

## CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
8:00 AM					Spin (outside class if weather permits. Rain location at 312 N Bridge Street)
8:15 AM		Cardio Pump		Circuit	
5:30 PM	Spin	Bike Butts & Guts	Yoga		

## Free Group Fitness

Showers\* Locker Rooms\* Pro Shop\* Tanning\* Personal Training\* Nutrition  
Pool & Hot Tub access: 29 Pines/Sleep inn & suites  
AMERICINN (Eau Claire)