

Group Fitness Schedule

FREE GROUP FITNESS INCLUDED!!

Showers* Locker Rooms* Pro Shop*

Tanning* Personal Training* Nutrition

Pool & Hot Tub access: 29 Pines/Sleep inn & suites

AMERICINN (Eau Claire, Chippewa)

Open 24/7-365

Eau Claire
405 Graham Ave.
715 514 3110

Chippewa Falls
15 W Grand Ave
715 723 3800

| Time | Mon | Tue | Wed | Thur | Fri | Sat |
|---------|--------------|---------------|---------------------------------|---------------|-----|--------------|
| 8:00 am | | | | | | Spin Lori |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 5:30 pm | Spin Lori | Yoga Tonya | Bike Butts N Guts Lori | Yoga Tonya | | |
| | | | | | | |
| | | | | | | |